

WALBUNDRIE PUBLIC SCHOOL

Newsletter

Term 3 – Week 8
13 September 2019



14 Queen Street
WALBUNDRIE NSW 2642

Phone: 6029 9004
<https://walbundrie-p.schools.nsw.gov.au/>
E: walbundrie-p.admin@det.nsw.edu.au

Tell Them From Me Survey

The annual Tell Them From Me survey for parents is now available. This survey gives the school valuable feedback, so that we can enact change where needed. The survey is anonymous and honest feedback is always appreciated. The survey can be completed on a smart phone or home computer. You are also welcome to come to the school to complete the survey. Please log onto this website to complete the survey by the end of term 3.

<http://nsw.tellthemfromme.com/walbundrie2019>

Gymnastics

We have finished our four gymnastics sessions at Flyaway Gymnastics. We had so much fun learning new skills and challenging ourselves. Well done to all students for your full participation.

Excursion Updates

Stage 2 Excursion to Melbourne - Thursday 19 - Friday 20 September Wow, time has flown! It is under a week until our Year 3 and 4 students set off to Melbourne. Earlier this week final notes were sent home with the packing list, itinerary and pick up locations. This note must be returned by Tuesday 17 September.

Fruit and Veggie Month!

Our school has registered for Fruit & Veg Month 2019.

The theme for this year is 'The Adventures of Captain Fruit N Veg!' It's all about linking eating fruit and vegetables with good times, superheroes, superpowers and adventures! As part of Fruit & Veg Month, students will be involved in various classroom and school based activities which encourage them to eat more fruit and vegetables. It is recommended that we all eat 2 fruits and 5 vegetables every day.

Footy Colours Day

This year, we will again be dressing up for Footy Colours Day on Friday 27 September (last day of term 3). Your child is encouraged to dress in their favourite team colours and bring a gold coin donation to support the fight against cancer. Every dollar raised supports *Fight Cancer Foundation's* education programs to help kids with cancer continue with their education during treatment and recovery.

Yours in Education

Kirrilee Twyford
PRINCIPAL



Upcoming Events

Thursday 19 September - Friday 20 September
Stage 2 Excursion

Friday 27 September
Last Day of Term 3

Monday 14 October
First Day of Term 4

Thursday 24 October
Super 8s Cricket Carnival - Rand

Tuesday 29 October
P & C Meeting

Wednesday 13 November - Friday 15 November
Stage 3 Excursion to Bendigo/ Ballarat

Our Program & Resource Fee is now due. Cost per child is \$40.00. Thank you to those families that have already paid.

Reminders:
Have you paid for your uniform? If not, please contact the office to check your outstanding balance.

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Is Your Child Ready?



Now that we have had notifications that the Year 3 and 4 Excursion is this term, and the dates for the Year 5 and 6 Excursion next term - it is time to prepare your child for some time away.

School excursions are an important stepping-stone for children to stretch their wings and explore and learn beyond their home, school and neighbourhood. But it's normal for children to feel a little anxious before their first school excursion – particularly if it's their first time away from home. However, with a little bit of preparation parents can help children prepare for their school excursion, to give them a greater chance of settling in quickly and enjoying the new experience.

It is important that your child is independent and responsible in some aspects of the trip. By fostering these skills, parents will help their child grow their resilience and confidence. It can also minimize anxiety as they feel that they will be able to cope on their own.

Some things that you may be able to work on with your children before the excursion are:

- Be able to use cutlery and cut up own meals for examples meat, schnitzels, etc.
- Be responsible for their own belongings especially packing bags, etc.
- Turn on and use showers independently, dry themselves, etc.
- Personal hygiene i.e. brush their teeth, wash face, brush and do their hair, etc.
- Get clothes out of bag and dress themselves.
- Tie their own shoe laces.
- Keep their room tidy and organized.



School excursions are a great opportunity for children to reach outside their comfort zone, discover new friends and experience outdoor adventures first hand. Parents have an important role to play in helping them to be prepared physically, emotionally and practically.



Gymnastics

Well done to all our students who actively participated in our gymnastics program.



Gymnastics fun!



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Walbundrie Whereabouts



Term 3	Week	Monday	Tuesday	Wednesday	Thursday	Friday
	8	9/9 School Library	10/9 Gymnastics	11/9	12/9 Music Lessons	13/9
	9	16/9 Mobile Library	17/9	18/9	19/9 MELBOURNE EXCURSION	20/9
	10	23/9 School Library	24/9	25/9	26/9 Music Lessons	27/9 Last Day of Term 3
	1	14/10 Mobile Library	15/10	16/10	17/10 Music Lessons	18/10
	2	21/10 School Library	22/10	23/10	24/10 Super 8s cricket carnival at Rand	25/10
	3	28/10 Mobile Library	29/10 P & C Meeting	30/10	31/10 Music Lessons	1/11
	4	4/11 School Library	5/11 School Photos	6/11	7/11 Music Lessons	8/11
	5	11/11 Mobile Library	12/11	13/11 BENDIGO-BALLARAT EXCURSION	14/11	15/11
	6	18/11 School Library Life Education at Brocklesby	19/11	20/11	21/11	22/11
	7	25/11 Mobile Library	26/11	27/11	28/11	29/11 SWIMMING SCHEME